Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Sunday 22 May 2022 until 23:59 on Monday 23 May 2022

Forecast Issued on Sunday 22 May 2022 at 03:01 by Met Office Aberdeen

Confidence: High confidence for an unsettled period. Medium confidence for details of rain or showers and low cloud on a day to day basis from Monday.

Headline for Sunday 22 May 2022: Cloudy with persistent and occasionally heavy rain or drizzle. Strong summit winds easing.

Mountain weather hazards on Sunday 22 May 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Low Likelihood

Poor visibility
High Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
Medium Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain
Precipitation probability					
70%	80%	>95%	>95%	90%	60%

Forecast for Sunday 22 May 2022

Weather: Patchy rain through the early hours with a lot of low cloud covering the summits. Rain or drizzle for much of the day, and turning heavy and persistent at times in the afternoon and evening. The Cuillins and Torridon probably seeing the heaviest and most persistent rain. Mostly overcast cloud covering the summits, and down to lower elevations at times.

Chance of cloud-free hill tops above 800m: Less than 10%. Small improvements in the evening.

Low cloud and visibility: Widespread low cloud mainly down to 400 or 500 m, especially in the west. Some lifting of cloud possible into the evening. Very poor visibility within cloud, otherwise good occasionally poor in rain.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Mountain Weather Forecast

Forecast for Sunday 22 May 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	40/47 SW	29/36 SW	25/32 SW	25/31 SW	19/24 SW	16/21 SW	15/20 SW
900	38/44 SW	28/34 SW	24/31 SW	24/30 SW	17/23 SW	15/20 SW	14/19 SW
600	26/33 SW	19/26 SW	17/24 SW	17/23 SW	13/18 SW	12/16 SW	11/16 SW
300	8/32 SW	7/26 SW	7/23 SW	7/23 SW	4/17 SW	5/16 SW	5/15 SW
Glen	13/26 S	13/24 SW	10/21 SW	10/21 SW	7/16 SW	6/14 SW	6/13 SW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	6/-0	6/1	6/1	6/1	6/1	5/0	4/-0
900	7/1	7/2	7/2	7/2	6/2	5/1	5/1
600	8/4	9/5	9/5	9/5	8/5	7/4	6/4
300	10/8	10/8	11/9	11/9	10/9	9/8	8/7
Glen	11/9	11/9	12/10	12/10	11/10	11/10	10/9
Freezing Level*	2200m	2200m	2100m	2000m	1900m	1700m	1600m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Nothing to add.

Forecast for Monday 23 May 2022
Weather: Low cloud mainly lifting and breaking through the morning with any light rain easing. Scattered showers developing into the afternoon, turning heavy at times. These mostly focussed towards hills in closer proximity Moray Coasts with the Cuillins across to Glen Shiel and Knoydart expected to see the driest and brightest conditions. Mostly light westerly winds.

Maximum wind: Westerly mean 10 mph.

Chance of cloud-free hill tops above 800m: 30% morning improving 75% afternoon. Best chances in the southwest.

Low cloud and visibility: Low cloud above 500 m lifting and breaking in the morning. Mostly above the summits in the afternoon but occasionally down to 600 or 700 m in and around showers. Good visibility occasionally poor in rain or showers and very poor within low cloud.

Temperature: **Glens:** Plus 8 Celsius increasing Plus 11 Celsius.
At 800m: Plus 4 Celsius increasing Plus 6 Celsius.
Freezing level: Above summits.

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